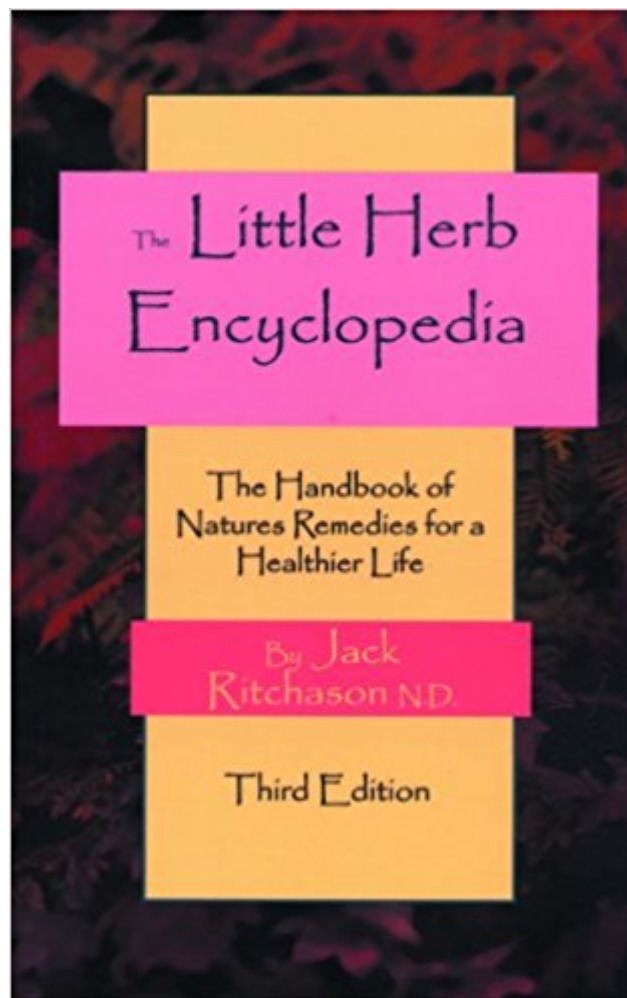




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# Little Herb Encyclopedia: The Handbook Of Natures Remedies For A Healthier Life



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## Synopsis

No longer is extensive research necessary before using nature's medicine.

## Book Information

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## Customer Reviews

Dr. Ritchason has been in the health field since 1963 and has lectured nationally and internationally on herbs, vitamins, minerals, nutrition, and Iridology. He graduated as a Naturopathic Doctor from the Arizona College of Naturopathic Medicine. He has his PH.D. in Nutrition from Donsbach University. He has been involved as a teacher for 30 years.

Hands-down one of the best herbal reference books there is! Grew up with it in my house and now that I'm on my own just had to own it! Lists many different herbs, their types, history, and what they help with strongly or slightly.

This book is, by far, one of the most in depth herbals out there. What I love about it is that it contains herbs that are not normally found in other herbals. I do my best to utilize herbs instead of conventional medicine most of the time and this handy little book is the one I turn to first. If you are looking for herbal crafts, this isn't for you. Nor does it contain pictures. So it might not be as helpful for beginner herbalists, but as a beginner I would still purchase it for the wealth of knowledge it contains.

Best herbal book ever. From what I understand its no longer in print. I'm very happy that I can find

old copies here. I'm an Herbalist and am able to get them for my clients. Very pleased with this purchase.

The book is very informative and the spiral binding makes it so very convenient. I wish all informative books were done in this binding. It would have also been nice to have a hard cover with the spiral binding, so as to preserve it a little better. The only thing I found annoying was the book content itself had many, many spelling errors and for me that is a big "no,no" for something that has been published and is sold. It is very annoying to see so many misspelled words in something so professional and something I have been, and probably will always, refer to very often. I just wish there had been some proofreading. However, the content is pretty good and very helpful. Overall, I am glad i chose this book.

I purchased my first copy of this book about 15 years ago. It is easy to use and read. There are no pictures, it is strictly a written description of herbal properties. Though I would not consider it the most detailed as far as describing all the properties of herb but I would say it gives a good overview. At one point I decided I could forgo my copy and gave it away, in six months I had bought another copy. This time I am upgrading to a spiral edition for ease in use as my second copy is falling apart after 7 years. It has a section that has common herbal combinations and if you are familiar with NSP the ingredients match the combinations sold by the company. It also has a small section of Chinese herbs and combinations.

My friend and neighbor gave me an older paperback copy of this book, which I have practically worn out from use. It was falling apart, so I looked to get another and found this spiral bound edition. I ordered two, and ended up giving both as gifts to two thrilled people. My chiropractor gave me a bear hug to show appreciation for his copy, which left a smile on my face for a week! Now I have to buy more so I can keep a copy. Wonderful book! Excellent resource. I highly recommend this if you want an easy to use, complete guide to herbs.

Since I discovered this book, I feel like a whole new world of knowledge is at my fingertips! I highly recommend it to anyone seeking understanding of natural therapies for common or even uncommon ailments. I am very impressed by how easy it is to use and comprehend. Even a person who knows nothing of herbs whatsoever will find it very easy to learn from. This author deserves an award. My personal thanks to him for blessing others with the wisdom contained in this book.

One of the most comprehensive books on herbs that I own. It should be called the herb bible. There's valuable information in this book that you won't find anywhere else. Strongly recommend this book to anyone interested in natural remedies and herbology.

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